



FOUNDATION



ALL DAY BREAKFAST

OPEN - 2 PM

BIG BREAKFAST **GFO** 29.90

2 eggs your way, Ciabatta, Bacon Sausage, Hash Brown Mushrooms, Tomato & Hollandaise

EGGS BENEDICT **GFO, V** 26.90

Free range eggs, Spinach, Toasted Muffin, Homemade Apple Cider Hollandaise

Add 1 choice of **Bacon (included) / Salmon** 11.00

EGGS YOUR WAY **GFO, V** 16.90

Free range eggs x2, Toasted Ciabatta

Add house sides

Bacon	7.00
Mushroom	6.00
Tomato	6.00
Hash Brown	5.00
Sausage	7.00
Smoked Salmon	11.00
Halloumi	7.00
Spinach	5.00
Hollandaise Sauce	3.00

EGG OMELETTE **GFO, V** 24.90

Free range eggs and a choice of 3 fillings

Add 3 Fillings

Ham / Cheese / Red Onion / Tomato / Mushroom/ Add Smoked Salmon 11.00

AVOCADO PEA SMASH **GFO, V, VGO** 25.90

Free range eggs, Avocado, Peas, Feta, Sesame Cracker, Seeded Sour Dough

LEMON RICOTTA **V** 17.90

BLUEBERRY WAFFLE

Blueberry Compot, Vanilla Bean Mascarpone, Toasted Almonds, Seasonal Fruit, Maple Syrup

PANCAKE STACK **V** 18.90

Ice Cream Banana Maple Syrup & Fresh Fruit

Add Bacon 6.00

BIRCHER MUESLI BOWL WITH YOGHURT & SEASONAL FRUIT **V, VG** 25.90

GF : Gluten- Friendly

V : Vegetarian

GFO: Gluten-friendly option

VGO : Vegan option

KIDS MENU 16.00

Kids Burger/ Kids pancakes/ Kids Fish and chips

Please let us know any special dietary requirements when ordering

LUNCH MENU

10 AM - 2 PM

SOUP OF THE DAY **GFO, VO** 19.90

Chef's rotating seasonal soup-crafted fresh daily. Please ask our friendly staff for today's selection.

KOREAN CHICKEN BAO BUNS 27.50

Gochujang Fried Chicken, Pickled Cucumber, Slaw & Sriracha Aioli

LINGUINE PASTA **V** 25.50

Linguine in a creamy tomato garlic herb sauce with sautéed seasonal vegetables, parmesan and Feta cheese garnish with Basil leaves, seasoning

LOADED BEEF NACHOS **GF** 23.50

Corn chips, house made spiced beef with red kidney beans, melted cheese, house salsa, house guacamole, sour cream.

BEEF BURGER 25.90

Bacon, Smoked Cheddar, Whole Grain Mustard, Aioli, Bbq Sauce, Red Onion Jam, Salad & Fries

Large Fries **GF** 15.00

Side Fries **GF** 8.00

Monday - Friday 7:00am - 4:00pm
Saturday - Sunday 8:30am - 4:00pm
Public Holidays 9:00am - 3:00pm

Phone: 027 673 3763

Email: bookings@foundationcafe.nz

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FOUNDATION



COFFEE MENU

	SMALL	MEDIUM	LARGE	ICE
SHORT BLACK	5.50			
LONG BLACK	5.50			5.50
PICCOLO	5.80			
FLAT WHITE	6.0	6.50	7.0	
LATTE		6.50	7.0	6.50/7.0
CAPPUCCINO		6.50	7.0	
MOCHACCINO		6.50	7.0	6.50/7.0
HOT CHOCOLATE	5.50	6.50	7.0	6.50/7.0
VIENNA	6.50	7.0	7.50	
AMERICANO	5.50	5.70	6.50	5.50/6.50
SHORT MACCHIATO	5.50			
LONG MACCHIATO	6.0			
FLUFFY	3.50			

EXTRAS 1 Soy, Almond, Oat or Coconut Milk/Cream/Extra Shot/Decaf
Flavoured Shots - Caramel, Hazelnut, Vanilla

TEA & CHAI MENU

SPECIALTY TEAS 6.50

English Breakfast / Classic Earl Grey / Imperial Sencha/ Lime Blossom & Chamomile / Strawberry Plum/ Ginger Limoncello/ Peppermint

HOT HONEY LEMON & GINGER 7.0

HOT BLACKCURRANT 7.0

PEACH ICED TEA 7.0

ICED LYCHEE GREEN TEA 7.0

CHAI LATTE 6.50 Large 7.0

Spiced or Vanilla

TUMERIC LATTE 6.50 7.0

MATCHA LATTE 6.50 7.0

Iced variations available, please ask our friendly staff

SPECIALTY MENU

ICED Dairy Classic 9.0 Plant Based 10
Coffee/ Mocha/ Chocolate

SMOOTHIES VG 12.50
Sunny/ B&B/ Green Panther

SHAKES 8.80
Chocolate/ Vanilla/ Banana/ Strawberry
Caramel/ Hazelnut/ Gingerbread
Salted Caramel

COLD DRINKS PER BOTTLE 6.20

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