



# FOUNDATION



## ALL DAY BREAKFAST

OPEN - 2 PM

### BIG BREAKFAST **GFO** 29.50

2 eggs your way, Ciabatta, Bacon Sausage, Hash Brown Mushrooms, Tomato & Hollandaise

### EGGS BENEDICT **GFO, V** 26.90

Free range eggs, Spinach, Toasted Muffin, Homemade Apple Cider Hollandaise

Add 1 choice of  
**Bacon (included) / Salmon** 7.00

### EGGS YOUR WAY **V, GFO** 16.90

Free range eggs x2, Toasted Ciabatta

Add house sides

<b>Bacon</b>	7.00
<b>Mushroom</b>	6.00
<b>Tomato</b>	4.00
<b>Hash Brown</b>	5.00
<b>Sausage</b>	6.00
<b>Smoked Salmon</b>	9.00
<b>Halloumi</b>	7.00
<b>Spinach</b>	4.00
<b>Hollandaise Sauce</b>	2.50

### EGG OMELETTE **V, GFO** 24.90

Free range eggs and a choice of 3 fillings

Add 3 Fillings

**Ham / Cheese / Red Onion / Tomato / Mushroom / Add Smoked Salmon 7.00**

### AVOCADO PEA SMASH **GFO, V, VG** 25.90

Free range eggs, Avocado, Peas, Feta, Sesame Cracker, Seeded Sour Dough

### LEMON RICOTTA **V** 17.90

### BLUEBERRY WAFFLE

Blueberry Compot, Vanilla Bean Mascarpone, Toasted Almonds, Seasonal Fruit, Maple Syrup

### PANCAKE STACK **V** 17.90

Ice Cream Banana Maple Syrup & Fresh Fruit

**Add Bacon** 6.00

### BIRCHER MUESLI BOWL WITH **V, GF, VG** YOGHURT & SEASONAL FRUIT 25.90

**GF : Gluten- Friendly** **V : Vegetarian**

**GFO: Gluten-friendly option** **VG : Vegan**

### KIDS MENU 16.00

Kids Burger/ Kids pancakes/ Kids Fish and chips

## LUNCH MENU

10 AM - 2 PM

### SOUP OF THE DAY **GFO, VO** 19.90

Chef's rotating seasonal soup-crafted fresh daily. Please ask our friendly staff for today's selection.

### KOREAN CHICKEN BAO BUNS **GF** 27.50

Gochujang Fried Chicken, Pickled Cucumber, Slaw & Sriracha Aioli

### LINGUINE PASTA **GFO, V** 25.50

Linguine in a creamy tomato garlic herb sauce with sautéed seasonal vegetables, parmesan and Feta cheese garnish with Basil leaves, seasoning

### LOADED BEEF NACHOS **GF** 23.50

Corn chips, house made spiced beef with red kidney beans, melted cheese, house salsa, house guacamole, sour cream.

### BEEF BURGER 25.90

Bacon, Smoked Cheddar, Whole Grain Mustard, Aioli, Bbq Sauce, Red Onion Jam, Salad & Fries

**Large Fries** **GF** 14.00

**Side Fries** **GF** 8.00

Monday - Friday 7:00am - 4:00pm  
Saturday - Sunday 8:30am - 4:00pm  
Public Holidays 9:00am - 3:00pm

Phone: 027 673 3763  
Email: [bookings@foundationcafe.nz](mailto:bookings@foundationcafe.nz)  
Follow us on   @Foundationcafe.Christchurch



Google Reviews

# FOUNDATION



60 CATHEDRAL SQ

## COFFEE MENU

	SMALL	MEDIUM	LARGE	ICE
SHORT BLACK	5.50			
LONG BLACK	5.50			5.50
PICCOLO	5.80			
FLAT WHITE	6.0	6.50	7.0	
LATTE		6.50	7.0	6.50/7.0
CAPPUCCINO		6.50	7.0	
MOCHACCINO		6.50	7.0	6.50/7.0
HOT CHOCOLATE	5.50	6.50	7.0	6.50/7.0
VIENNA	6.50	7.0	7.50	
AMERICANO	5.50	5.70	6.50	5.50/6.50
SHORT MACCHIATO	5.50			
LONG MACCHIATO	6.0			
FLUFFY	3.50			

**EXTRAS 1** Soy, Almond, Oat or Coconut Milk/Cream/Extra Shot/Decaf  
Flavoured Shots - Caramel, Hazelnut, Vanilla

## TEA & CHAI MENU

**SPECIALTY TEAS** 6.50

English Breakfast / Classic Earl Grey / Imperial Sencha/ Lime Blossom & Chamomile / Strawberry Plum/ Ginger Limoncello/ Peppermint

**HOT HONEY LEMON & GINGER** 7.0

**HOT BLACKCURRANT** 7.0

**PEACH ICED TEA** 7.0

**ICED LYCHEE GREEN TEA** 7.0

**CHAI LATTE** 6.50

Spiced or Vanilla

**TUMERIC LATTE** 6.50

**MATCHA LATTE** 6.50

Iced variations available, please ask our friendly staff

Large  
7.0

## SPECIALTY MENU

**ICED** Dairy Classic 9.0 Plant Based 10  
Coffee/ Mocha/ Chocolate

**SMOOTHIES** VG 12.50  
Sunny/ B&B/ Green Panther

**SHAKES** 8.80  
Chocolate/ Vanilla/ Banana/ Strawberry  
Caramel/ Hazelnut/ Gingerbread  
Salted Caramel

**COLD DRINKS PER BOTTLE** 6.20

Monday - Friday 7:00am - 4:00pm  
Saturday - Sunday 8:30am - 4:00pm  
Public Holidays 9:00am - 3:00pm

Phone: 027 673 3763

Email: [bookings@foundationcafe.nz](mailto:bookings@foundationcafe.nz)

Follow us on   @Foundationcafe.Christchurch



Google Reviews